



RUGBY'S BIGGEST PARTY!

International Sevens Rugby Action
8 - 9 December 2012 • Nelson Mandela Bay



nelson mandela bay
www.nmbt.co.za



Nelson Mandela Bay
SOUTH AFRICA
1400 Nelson Mandela Bay, Port St
West City



www.sarugby.co.za





NELSON MANDELA BAY TOURISM PASS

Nelson Mandela Bay Tourism is celebrating the Rugby Sevens weekend with an incredible Nelson Mandela Bay Pass smartcard access package, a chance to enjoy free admission and discounts, amongst others, to countless attractions and activities in Nelson Mandela Bay. This includes admittance to museums, game reserves, scuba diving, art galleries, sightseeing tours, and much more. The pass offers flexibility, convenience, variety and savings and entitles you to some great discounts in selected stores for shopping, activities, restaurants, entertainment and more.

The Nelson Mandela Bay IRB 7s pass will cost a discounted R250 and will be valid for the entire weekend of the IRB sevens tournament on 8th and 9th December 2012.

For more information on what the IRB 7s pass offers, where to purchase and terms and conditions, please visit; http://www.nmbt.co.za/the_nelson_mandela_bay_pass.html

NMBT CALL CENTRE: TEL 041 582 2575 | BOARDWALK VIC TEL 041 583 2030 | WWW.NMBT.CO.ZA



Host City

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DISCLAIMER

Nelson Mandela Bay Tourism has used reasonable endeavours to ensure that the information provided in this publication is accurate and up to date at the time of going to print and does not warrant that it is accurate or complete. **See www.nmbt.co.za for more information.**

MESSAGE FROM EXECUTIVE MAYOR



A very warm South African welcome in Nelson Mandela Bay!

Nelson Mandela Bay is proud to play host to the International IRB Sevens World Series for the second successive year. As everyone will agree, last year's series was a roaring success, and I know that all role-players are resolute to make this third leg of the 2012 World Series even better: more rugby supporters; a bigger party; and an even more unforgettable rugby extravaganza.

I wish to commend key role-players, such as the South African Rugby Union (SARU, for their tireless work in ensuring that everything will run smoothly.

In Nelson Mandela Bay, the love for rugby cuts across all social and racial barriers. This International IRB Sevens World Series will also play an important role in sports development in Nelson Mandela Bay and further secure rugby's reputation as a unifying force in our communities.

Excitement levels are already running high, and fans sitting in the South Stand of our world-class Nelson Mandela Bay Stadium are looking forward to donning their brightly coloured fancy dress to add to the "party atmosphere". And fans are obviously very happy that SARU has not increased ticket prices.

With the commitment and passion of SARU and the Nelson Mandela Bay Municipality behind the Series, in conjunction with SARU's governing body and tournament owner, the International Rugby Union a beautiful world-class stadium and the full support from our provincial administration, this should be one of the outstanding tournaments of the World Series.

Come and experience our local crowd's passion for rugby and the spine-chilling rendering of the National Anthem!

See you at the game!

CLLR ZANOLOLO WAYILE
NELSON MANDELA BAY EXECUTIVE MAYOR

MESSAGE FROM THE CEO OF NELSON MANDELA BAY TOURISM



Wow! Can't believe that rugby's biggest party is here again! What a wonderful way to kick off our Summer Season festivities.

Nelson Mandela Bay will once again move with the magic of

Madiba as players, officials and spectators converge on the city for another star-studded, adrenalin-pumped series. May you all have a fun-filled and successful stay in our wonderful city.

We are a city that is undoubtedly sports mad. Some of the best sports men in the country were born and bred

in the Bay. We are also very proud to see that four of the BlitzBokke team members come from the Eastern Cape – a testament to the calibre of sport stars our city and province produce.

Have a glorious time but do take time to enjoy and explore the many attractions on offer in Nelson Mandela Bay, especially the Big 7 experience.

Travel safe whether it's just around the stadium or all the way back home, so we can all get together next year again, same time (probably), same place.

Nidlale kakuhle.

Madlakazi Skefile
CEO Nelson Mandela Bay Tourism

OVERVIEW OF NELSON MANDELA BAY

Nelson Mandela Bay covers an area of 1950km² and is situated in the Eastern Cape Province on the east coast of South Africa. It lies midway between Cape Town and Durban and 1058km from Johannesburg. Established in 2000, the Nelson Mandela Bay Municipality area comprises of the former municipalities of Port Elizabeth, Uitenhage, Despatch, Colchester/Cannonville and surrounding areas. With approximately 1.1 million inhabitants, Nelson Mandela Bay represents South Africa's fifth largest city in terms of population and is the country's second largest city in terms

of area. Predominant languages are English, isiXhosa and Afrikaans.

Dubbed the 'Watersports Capital of Africa', Nelson Mandela Bay is flanked by the sparkling Algoa Bay and lapped by the warm waters of the Indian Oceans. Nelson Mandela Bay is within a 30 minute drive of a Big 7 (elephant, Cape Buffalo, leopard, Black Rhino, lions and Great White Shark and seasonal Southern Right Whale in the marine section) game park in malaria-free surrounds.

NELSON MANDELA BAY GEARS UP FOR RUGBY'S BIGGEST PARTY



This year sees the South African leg of the HSBC World Sevens Series being hosted at Nelson Mandela Bay for the second year running.

At the iconic Nelson Mandela Bay Stadium, 16 international teams will go head-to-head in one blisteringly fast, high-octane game after the next on the 8th and 9th of December to determine which team has the mettle to take home the SA Sevens' cup trophy.

This year's Nelson Mandela Bay South Africa Sevens is set to be a whirlwind of top-class international Sevens action, electrifying live entertainment and a carnival atmosphere that has earned the event the title of "rugby's biggest party".

Spectators at this year's Nelson Mandela Bay South African Sevens Tournament will see teams from as far afield as Tonga, Japan and Canada and of course our very own Springbok Sevens who, under the capable leadership of team captain Kyle Brown, are set to light up NMB stadium in green and gold when they take to the field to give it their all.

The sixteen teams taking part are divided up into groups consisting of four teams each. On Day 1 the teams play three matches with the top two teams in each pool progressing to the Cup quarterfinals and the rest

contesting the Bowl competition. The losers in the Cup quarterfinals play each other in the Plate semi-finals and final.

Each match is fiercely contested because although there can only be one winner, the rest of the teams also receive points based on their final placing at the end of the tournament.

Teams compete for the Sevens World Series title by accumulating points based on their finishing position in each tournament. The HSBC World Sevens Series consists of nine tournaments in eight different countries. Australia, the United Arab Emirates, South Africa, New Zealand, the United States, Hong Kong, Japan, Scotland and England each host one event.

The Nelson Mandela Bay South African Sevens Tournament this year will feature live entertainment by DJ Reddy D, The Graham Watkins Project and Good Luck, not to mention a host of professional dancers, impersonators and crowds of people dressed up in a multitude of crazy costumes.

This year will also see the addition of the "party stand" – an area dedicated exclusively to Sevens party animals who are more interested in the dress up and the carnival atmosphere than the sport itself.

COMMUNICATIONS

Vodacom Shop, between Arrival & Departure Terminal, Port Elizabeth Airport, Allister Miller Drive. Services include rental of cell phones, GPS and modems, purchase of airtime and handling of all other cellular related accessories. Operating hours from 05h30 until departure of last flights.

Tel: +27 (0) 41 507 7370 / www.cellucity.co.za

Dialling Codes Country Code +27, Area Code (0)41, Directory Enquiries 1023

Internet caf es:

Caf  Coza, 66a Wesboure Road, tel: +27 (0) 41 374 0134

Caf  Coza, Humeral Centre, Humeral,

Tel: +27 (0) 41 585 6142

Compucafe Africa, Pier 14 Shopping Centre, 2nd Floor,

Tel: +27 (0) 41 487 0620

Nelson Mandela Bay Tourism (NMBT) Airport Visitor

Information Centre, Arrivals Hall, Port Elizabeth Airport,

Tel: +27 (0) 41 581 0456 / 7

Nelson Mandela Bay Tourism Donkin Visitor Information

Centre, Donkin Reserve, Belmont Terrace, Central,

Tel: +27 (0) 41 585 8884

Nelson Mandela Bay Tourism Uitenhage Visitor

Information Centre, 73b Graaff-Reinet Road, Uitenhage,

Tel: +27 (0) 41 922 5214

Phonogram / Telegram:

May be sent by dialling 1028 or from any Post Office.

Postal Information:

Post Offices are open from 08h00 to 17h00 Mondays, Tuesday, Wednesday, Thursday and Fridays. 08h30 to 13h00 on Saturdays. Main Post Office, 259 Govan Mbeki Avenue, Tel: +27 (0) 41 508 4039.

Public Telephones:

Public coin and card telephones are fully automatic with direct dialling to most parts of the world. Phone cards may be purchased at any Post Office Branch. Booked international calls can be made by dialling 0903 for International Telephone Enquiries.

WorldCall Customer Service Centre:

0800 223 368

EMERGENCY NUMBERS

24hr Paramedics, Tel: +27 (0) 41 379 2111

AA (Automobile Association) Emergency Roadside Assistance, Tel: +27 (0) 83 843 22 or 083 THEAA / www.aa.co.za

Aids Enquiries, Tel: +27 (0) 41 453 2233

Alcoholics Anonymous (Eastern Cape Area),

Tel: +27 (0) 41 452 7328 (24 Hr Help Line)

Ambulance, Tel: 10 177

Association for the Physically Disabled (PE),

Tel: +27 (0) 41 484 5426 / www.apdnmb.org.za

Childline, Tel: 0800 055 555

Crimeline, SMS 32211 / www.crimeline.co.za

Fire Brigade, Tel: +27 (0) 41 585 1555

Garmed Ambulance, Tel: +27 (0) 41 373 6777

Netcare 911, Tel: +27 (0) 82 911

Netcare Greenacres Hospital Emergency Unit,

Tel: +27 (0) 41 390 7120 / 6

Life Line (PE), Tel: +27 (0) 41 373 8666

(24 Hr Counselling Line / Crisis Line)

National Sea Rescue Institute (N.S.R.I.),

Tel: +27 (0) 41 585 6011

Police Flying Squad, Tel: 10 111

Port Elizabeth Weather Office,

Tel: +27 (0) 82 231 1624 / www.weathersa.co.za

MEDICAL MATTERS

District Surgeon:

Dora Nginza Hospital, Nurses' Residence, Uitenhage Road.

Tel: +27 (0) 41 464 0600

Hospitals:

Dora Nginza Hospital - Spondo Rd, Zwide,

Tel: +27 (0) 41 406 4111

Netcare Greenacres Hospital - Ring Road, Greenacres,

Tel: +27 (0) 41 390 7120 / 6

Livingstone Hospital - Standford Road, Korsten,

Tel: +27 (0) 41 405 9111

Mercantile Private Hospital - Durban Road, Korsten,

Tel: +27 (0) 41 401 2700

Provincial Hospital - Gipson Street, Mount Croix,

Tel: +27 (0) 41 392 3911

Life St George's Hospital - Park Drive, Central,

Tel: +27 (0) 41 392 6111 / 392 6034

Medical Services:

Visitors are responsible for their own medical needs and should obtain medical insurance prior to their arrival. Doctors are listed under "Medical" in the Telephone Directory.

National Renal Care:

Dialysis, (Peritoneal, Chronic Haemodialysis, Acute Haemodialysis - Hospitals). 223 Cape Rd, Greenacres, Tel: +27 (0) 41 374 5562 / 374 9688, 24hr call phone +27 (0) 79 667 2478 / www.nrc.co.za

Travel Clinic:

Netcare Travel Clinic makes health facilities more accessible to travellers. The Clinic provides travelers with information, advice and health vaccination service. Medicross Healthcare Group, 17 Ave., Walmer, Tel: +27 41 395 7512 / www.travelclinic.co.za

MONEY MATTERS

Banking hours: Operating hours for commercial banks are Mon. to Fri. 09h00 to 15h30, Sat. 08h30 to 11h00.

First National Bank - 293 Cape Road, Newton Park,

Tel: +27 (0) 41 390 8000 / www.fnb.co.za

ABSA Commercial Bank - Corporate Place, Ring Road,

Greenacres, tel: +27 (0) 41 396 5500 / www.absa.co.za

Standard Bank of SA Ltd. - 1 Pickering Street, Newton Park,

Tel: +27 (0) 41 390 2400 / www.standard.co.za

Nedbank - The Bridge Shopping Centre, Ring Road, Greenacres,

Tel: +27 (0) 41 391 4200 / www.nedbank.co.za

Credit Cards and Travellers' Cheques:

Most shops and hotels will accept all major credit cards as well as travellers' cheques.

Currency:

The local currency is the South African Rand (ZAR) = 100 cents (c). Notes issued are R200, R100, R50, R20 and R10. Coins issued are R5, R2, R1, 50c, 20c, 10c and 5c.

Foreign exchange: Foreign currency may be exchanged at some Commercial Banks and Travel Agencies.

American Express Foreign Exchange - Boardwalk Casino Complex, Tel: +27 (0) 41 583 2025

(Mon. to Fri. 09h00 to 20h00, Sat. & Sun. 10h00 to 16h00)

Rennies Foreign Exchange - Shop 89, Walmer Park Shopping Centre, Tel: +27 (0) 41 368 5890.

(Open Mon. to Fri. 08h30 to 16h30, Sat. 08h30 to 12h00)

Rennies Travel Foreign Exchange - Shop B29, The Bridge Shopping Centre, Top Floor, Tel: +27 (0) 41 363 1185.

(Open Mon. to Fri. 08h30 to 16h30, Sat. 09h00 to 12h00)

Imali Express - Arrivals Hall, PE Airport,

Tel: +27 (0) 41 581 2483. (Open Mon. to Fri. 06h00 to 21h30, Sat. 07h30 to 17h00, Sun. 07h30 to 21h00)

Tippling: A 10% tip is standard in restaurants.

VAT (Value Added Tax): South Africa has a Value Added Tax System of 14% on purchases and services. Foreign visitors can reclaim their VAT on collective purchases of more than R250.00.

SAFETY TIPS:

- Tourists should take the sensible precautions they would in any major city.
- Avoid carrying large sums of cash and other valuables (cameras, video cameras, etc.).
- Avoid leaving belongings unattended.
- Be alert and vigilant at all times.
- Take special precautions in secluded areas (including parks and gardens and walks / trails), especially at dusk and after dark.
- Street children and beggars may approach you for a handout - Social workers counsel against giving money.
- Try and walk around in groups; there is safety in numbers.
- At night, park in a secure, well-lit area.
- Be aware that uniformed parking attendants will offer to safeguard one's car for a tip (small fee).
- Do not leave valuable belongings in your car; rather lock everything in the boot where they are out of sight.
- For any emergency, dial 10 111.

A Beginner's Guide to Rugby Sevens

Sevens is the perfect format of the game of rugby for people who want blisteringly fast, high impact rugby that packs all the excitement of an 80 minute match into 14 minutes.

It's the Twitter of rugby – lean, mean, fast and perfect for the ADD world we live in where 30 minutes into a normal rugby game, you've already lost track of what's happening because your friend's just Whatsapped you to find out what's happening.

Sevens is all the good stuff you've come to expect from an 80-minute game, the tackles, the break-aways, the epic sprints for the try line with the added excitement of cheerleaders, dancers and a dedicated party stand that all add to the electrifying atmosphere at the games.

Even better news is that on the 8th and 9th of December the HSBC World Series Sevens will be hitting Nelson Mandela Bay for the third leg of the tournament so to prepare you for this event, which is billed as "rugby's

biggest party", here are the top 7 ways that Sevens differs from Rugby Union:

1. One of the most obvious differences between the games is the amount of players required. In rugby union, the match day team is made up of 22 players and 15 start the game. The Sevens match day squad is made up of 12 players and only seven start the game.
2. In a Sevens match the coach has five substitutions available, but is only allowed to use three of these during the course of the game. In 15 man rugby, they have seven substitutes and can use all seven in the course of the game.
3. Sevens matches are split into two halves of seven minutes each, with a one-minute half time break. 15-man rugby games are most definitely not! (Just a note: Sevens tournament finals are usually extended to halves of ten minutes with a break of two minutes to allow for more spectacular action!)

4. Conversions in a Sevens match must be taken within 40 seconds of a try being scored whilst in the 15-man game it's 60 seconds - and Sevens' kickers are only allowed to drop kick the conversion to ensure that the game never slows down.
5. The Sevens team that scores the try will always take the resulting kick-off to ensure that both teams have a fair amount of possession of the ball.
6. In Sevens, a scrum is only contested by three players. In a 15 man game a scrum is contested by eight players.
7. When a player is shown a yellow card in Sevens they have to leave the field for two minutes. This has a huge impact on the game, as a lot more space opens up on the field, than when a player is sin-binned in Rugby Union.

Now that you've got the basics down, head over to www.computicket.com and snatch up some tickets for

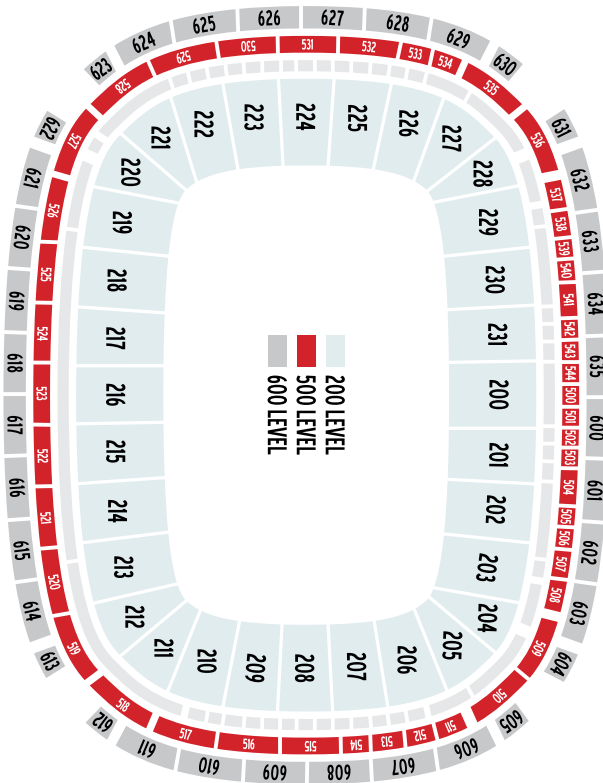
the South African Sevens Tournament taking place at the Nelson Mandela Bay Stadium on the 8th and 9th of December so that you can experience rugby's biggest party first-hand!



STADIUM SEATING PLAN:

FETTES ROAD (SOUTH)

PRINCE ALFRED ROAD (EAST)



MILNER AVENUE (NORTH)

LAKE VIEW ROAD (WEST)

NELSON MANDELA BAY STADIUM PROHIBITED ITEMS:

- Any illegal drugs.
- Skateboards, scooters, roller blades or bicycles.
- Knives, weapons of any nature or fireworks.
- Any object that could be used to distract, hinder or interfere with any performer including laser pointers and flashlights.
- Flags with poles, large flags or banners that may obstruct the view of other patrons.
- Any whistle, horn, musical instrument, loud hailer, public address system.
- Digital, electronic or other recording or broadcast device.
- Any item that you intend to distribute, hawk, sell, offer, expose for sale or display for marketing or promotional purposes.
- No animals apart from authorised guide/companion dogs.
- Any dangerous goods and any other items viewed by management to be dangerous or capable of causing a public nuisance.
- Professional cameras or video recorders.
- Umbrellas (unless there is an obvious threat of rain), in which case small umbrellas will be permitted (please no golf or beach umbrellas).
- Braais, Camping Chairs, Cooler Boxes.
- Food and refreshments (including soft drinks and alcohol) which will be available for sale inside the Stadium.



Strictly no smoking
except in designated
areas.

WHAT'S NEW AT NMB SEVENS?

In our mission to make NMB Sevens one of SA's top rugby tournaments, there are a number of new additions to the Nelson Mandela Bay South African Sevens Tournament that have been included to ensure there is something for everyone this year.

Party Stand

This year's NMB SA Sevens will feature a Hong Kong Sevens styled "party stand" – an area dedicated exclusively to Sevens party animals who are more interested in the dress up and the carnival atmosphere than the sport itself.

Here Beer Babes will be on patrol to make sure no Sevens spectators go thirsty while they are entertained by legendary South African DJ Reddy D, who will be manning the decks and getting the party stand crowd jumping.

Re-vamped Kiddies Area:

The kiddies area will be undergoing a significant upgrade at this year's NMB Sevens.

For starters, there will be different activities planned for kids between the ages of 3-6, 6-9, 9-12 and teens.

Parents can leave their kids in this area safe in the knowledge that they will be well looked after and entertained with clowns, puppet-making workshops and amenities like jumping castles and an inflatable soccer field for the youngsters.

For the older kids there will be a mini skate-park, a graffiti wall, a photo booth and motion-sensor TV games where they can challenge each other to dance-offs and other games that don't require controllers to play.

When parents drop their kids off, a picture is taken of the parent and the child together to ensure that no one but that parent can collect the child from the kiddies area.

Talent Show Performers:

To showcase PE's local talent, this year there will be a talent show in the lead up to NMB SA Sevens in which local artists will compete for a spot to perform on one of the stages surrounding the NMB Stadium over the course of the weekend.

The best ten performers will strut their stuff on stage in front of thousands of rugby Tens and Sevens supporters throughout the weekend.

TOP ATTRACTIONS IN NELSON MANDELA BAY

Red Location Museum

Cnr. Olaf Palme and Singaphi Street, Red Location, New Brighton.

Built primarily as a tribute to the liberation struggle against apartheid, this "museum with a difference" embraces love, reconciliation and hope for the future amongst its aims. Its unconventional stark but spacious structure – architect Joe Noero incorporated the corrugated iron theme of informal settlement living in his design – includes a series of "memory boxes" consisting of twelve lofty free-standing galleries that house a diversity of photographic and art exhibitions. A further five arrangements of montages, timelines and modules, detailing the history of the township, its people and their place in the bid for liberty, line the walls.

Tel: 041 408 8400. www.freewebs.com/redlocationmuseum

Entrance fee charged.

Open Mon. to Sun. 09h00 to 16h00. Sat. 08h00 to 15h00, Closed on Sundays and Public Holidays.

VW AutoPavilion – Place of Cars and Legends

Featuring state-of-the-art technology, the AutoPavilion at the VWSA Main entrance, Algoa Road, in Uitenhage proudly showcases the evolution of the VW brand, from the very first Beetle, to the contemporary passenger and sports cars of today. Travel the world in an interactive "movie studio" Beetle complete with green screen technology, rub shoulders with icons of yesteryear such as Herbie or South Africa's older Kombi, or simply watch in amazement as a car (sliced by a laser) folds in half. With amazing special effect and stunning interactive displays, the AutoPavilion provided the ultimate in edutainment. Daily pre-booked factory tours include a tour of the AutoPavilion.

Tel: 041 994 5941 E-mail: autopavilion@vwsa.co.za

www.autopavilion.co.za

Open weekdays 08h30 to 16h00, first Sat. of each month 10h00 to 13h00 (closed all other weekends & public holidays). Entrance R5 for adults, R2 for children under 16 & pensioners.

Addo Elephant National Park

Only 35km from Port Elizabeth to the New South Gate of Camp Matyholweni, Sundays River, or 72km from the city centre to the Main Entrance, Addo Elephant National Park is the only wildlife reserve in the world that is home to the Big Seven (Lion, Leopard, Cape Buffalo, Elephant, Rhinoceros, Southern Right Whale & Great White Shark in the Marine Section). Addo has one of the biggest concentrations of African elephants and is the best place in South Africa to view wild elephants up close in their natural surrounding. A range of eco-activities include game viewing, guided game drives, guided horse trails, hiking trails and a 4x4 eco-adventure trail ensures an unrivalled and memorable African wildlife experience.

Tel: +27 (0) 42 233 8600. E-mail: addoenquiries@sanparks.org

www.addoelephantpark.com

Entrance fee charged. Open from Sunrise to Sunset.





Main Beachfront Promenade

The main beachfront is a must-see for all first time visitors to Nelson Mandela Bay. From the pristine beaches which are legendary (especially Humewood Beach which has regained its recognized Blue Flag status) to the wealth of beachfront attractions located along Marine Drive, there is lots to experience including a host of beachfront pubs, craft markets and restaurants. Recommended attractions to visit are BAYWORLD (comprising a natural and cultural history Museum combined with the Snake Park, tel: 041 584 0650); The McArthur Baths Swimming Pool Complex; SAMREC's Marine Rehabilitation & Education Centre situated in Cape Recife Nature Reserve (tel: 041 583 1830) and The Boardwalk Casino and Entertainment World (Tel: 041 507 7777) which boasts a mixture of specialist shops, crafts, restaurants and entertainment venues set around a man-made lake; amongst others.

The Donkin Heritage Trail & Route 67 (Arts Culture Heritage Route)

The 1820 Settler history and architectural delights of the historical central city can be explored at leisure on a self-guided walking tour. Amble along the 5 km Donkin Heritage Trail, which links 47 places of historical interest in the old Hill area of central Port Elizabeth including treasures such as No. 7 Castle Hill Museum, Fort Frederick, Donkin Reserve, Lighthouse and Pyramid, Nelson Mandela Metropolitan Art Museum and the Horse Memorial, to name just a few. Then stroll along Route 67 – an Arts Culture Heritage Route depicting 67 public art works symbolizing Nelson Mandela's 67 years of dedication to the Freedom of South Africa. Thereafter, enjoy a steamy cup of coffee while enjoying one of the most eye catching scenery from the top of the Reserve overlooking Algoa Bay. The Donkin Heritage Trail booklet is sold at Nelson Mandela Bay Tourism's Donkin Visitor Information Centre. NMBT's Donkin VIC, Donkin Lighthouse Cottage, Belmont Reserve, Central. Tel: +27 (0) 41 585 8884

Ibhayi Sunshine Saunter

Ibhayi Sunshine Saunter is a picturesque circular self-drive which highlights the coastal riches of the area along the Western Seaboard of Port Elizabeth. The scenic route covers the beautiful rugged coast along Marine Drive, picnic spots, coves, rock pools along the rocky section of the shores as well as charming seaside resorts, lush countryside and tea gardens. Pods of dolphins and whales are frequently sighted along the coastline. You can even do some close-up game viewing from the comfort of your car as both Krugga Kamma Game Reserve as well as Seaview Predator Park is located en-route. A map of the area is obtainable from any of Nelson Mandela Bay Tourism's Visitor Information Centres.

Cape Recife Nature Reserve

The 366 hectare Cape Recife Nature Reserve was proclaimed in 1973 and is situated around the western point of Algoa Bay off Marine Drive, Summerstrand. A 9 km circular walking trail, The Roseate Tern Trail, starts at the entrance gate of the Nature Reserve and offers beautiful unspoilt beaches, natural dune vegetation, rocky outcrops, a lighthouse built in 1851, an old military observation post, as well as a bird hide. The Reserve is also regarded as one of the best bird-watching venues around Port Elizabeth. The reserve is also home to the South African Marine Rehabilitation and Education Centre which plays a big role in the conservation of the endangered African Penguin. Tours of the facility are available on a daily basis. Entrance permits available from Pine Lodge Resort located at entrance to Cape Recife Nature Reserve. Entrance for purpose of visiting SAMREC is free provided proof of visit is produced on exit from the Reserve. SAMREC entrance fee is R20 per person. Best times to visit 08h00 – 16H00. Visible security in Reserve during daylight hours.

Colchester / Cannonville

The rural villages of Colchester and Cannonville are nestled on the banks of the beautiful Sundays River, a few kilometres from the river mouth where it flows into the Indian Ocean through the majestic and world-renowned Coastal Dune Fields. Only 40 km from Port Elizabeth, this small community boasts a wide selection of accommodation and is the closest point of entry (five km's) into the Greater Addo Elephant National Park Southern Gate. The River is a MUST SEE, and first on one's list should be to experience an excursion on the Sundays River Ferry, a double decker cruiser which will transport guests to the river mouth, as well as up river for 6 – 12 km. Visitors can entertain themselves as the river is particularly well known for its excellent estuarine fishing and abundant bird life while water-sports are superb and includes almost all water disciplines.

Charters / Boat Cruises in Algoa Bay

Boat charters operate on a regular basis and offer breakfast-cruises, sea-, Bay- and sunset-cruises in Algoa Bay as well as specialized boat based whale watching excursions (seasonal). A popular option is the Eco-Cruise, which enables one to visit the St Croix Island Marine Reserve and view the largest breeding colony of endangered African Penguins from close range. Whales and schools of dolphins are frequently spotted en route as well as Cape fur seals and numerous sea birds. A specialist marine tour-guide on board will provide authoritative information regarding Algoa Bay and its marine life. www.raggycharters.co.za



101 reasons to
nelson mandela bay

EATING OUT

An excellent selection of restaurants, pubs and cocktail bars from the historical city centre to the outlying suburbs offer a wide range of cuisine to satisfy any palate in Nelson Mandela Bay! Check out www.portelizabethrestaurants.co.za
Key: ★Halaal Foods / ♿ Wheelchair Friendly

Grill / Steakhouses

Squares Legendary Grill , The Boardwalk	041 583 1190	♿
Bridge Street Brewery, 1 Bridge Street, Baakens Valley, South End	041 581 0361	
Bain Street Grill, 32 Bain Street, Richmond Hill	041 582 2914	
Mike's Kitchen, 16 Buffelsfontein Road, Mount Pleasant	041 368 7581	
Flava Restaurant, 17a Bain Street, Richmond Hill	041 811 3528	
Posh the Eatery, 32 Stanley Street, Richmond Hill	041 582 5005	
The Coachman, Brookes on the Bay, Humewood	041 584 0087	
The Ranch House of Steaks, Kings Court Centre, Beffelsfontein Road, Walmer	041 368 9661	
Spargo's, The Atrium, Greenacres	041 363 0010	

In-House Restaurants and Buffet Restaurants (offering Table d' Hotel Menus)

Old Cash Store, 278 Sardinia Bay Road, Lovemore Park	041 366 1211
Bayside Pantry, The Boardwalk, Humewood	041 507 7793
The Sandpiper, The Humewood Hotel, Cnr Mansions Avenue & Marine Drive, Humewood	041 585 8961
The Crest Restaurant, The Beach Hotel, Marine Drive, Summerstrand	041 583 2161
La Mer Restaurant, Protea Hotel Marine, Marine Drive, Summerstrand	041 583 2101
Tabu Grill, Radisson Blu Hotel, Marine Drive, Summerstrand	041 509 5000
The Grill at The Grand Hotel, Grand Hotel, Western Road, Central	041 582 4753
The Stage Door, Phoenix Hotel, 5 Chapel Street, Central	041 586 3553
Admiral's Restaurant, Corner 2 nd Avenue & Heugh Road, Walmer	041 581 0291
Treehouse, Bushbuckridge, Draaifontein Road, Colleen Glen	083 244 9191
Satis Restaurant, Summerstrand Hotel, Marine Drive, Summerstrand	041 583 3131


Continental Restaurants

Mediterranean – Yiayias, 20 Stanley Street, Richmond Hill	041 582 2848	
Greek - Mykonos Taverna, 94 Heugh Road, Walmer	041 581 1111	
French- Café Petit Four, 67 Villiers Road, Walmer	041 581 4806	
Mexican - Cubana Café, Marine Drive, Humewood	041 582 5282	
Portuguese - Cubata Restaurant, 16b Arthur Street, Sydenham	083 754 2768	
Austrian - Old Austria, 24 Westbourne Road, Richmond Hill	041 373 0299	
Italian - Leonardo's, The Boardwalk, Humewood	041 583 1302	♿
Italian - Wicker Woods & Mangiamo's, 50 6 th Avenue, Walmer	041 581 1107	
French Patisserie - Bocadillos, 6 th Avenue, Walmer	041 581 1523	
Cosmopolitan - Primi Piatti, Brookes on the Bay, Humewood	041 548 0081	
German - German Club, 5 Lorraine Street, Lorraine	041 367 2791	

Seafood Restaurants

Pescadiya Restaurant, Stanley on Bain Centre, Stanley Street, Richmond Hill	041 582 4899
This is Eat, PE Harbour	041 582 2161
Oyster Deli, 42 6 th Avenue, Walmer	041 581 3345
Ocean Basket, Brookes on the Bay, Humewood	041 584 0059 ★
Ye Old Port Captain's House, Humeraill Shopping Centre, Humewood	041 585 1482
Blackbeards, The Chapman Hotel, Brookes Hill Drive, Humewood	041 584 0623
Cape Town Fish Market, Kings Court Centre, Buffelsfontein Road, Walmer	041 368 7378
Blue Waters Café, Shark Rock Pier, Marine Drive, Humewood	041 583 4110
De Kelder Restaurant, Protea Hotel Marine, Marine Drive, Summerstrand	041 583 2750
The Chartroom, Algoa Bay Yacht Club, PE Harbour	041 585 2893
Barnacles, cnr Craddock & Elizabeth Roads, Seaview	041 378 2058

Oriental Restaurants

Indian – Raasoie Restaurant, 79 Heugh Road, Walmer	041 581 0333
Indian – Royal Delhi, Cnr Burgess & Zareba Streets, Richmond Hill	041 373 8216
Japanese – Yi Pin, The Boardwalk, Humewood	041 583 6688 
Sushi – Fushin, Stanley on Bain Centre, Richmond Hill	041 811 7874
Chinese – Kwai Lok, 296 Cape Road, Newton Park	041 363 8092
Thai – Royal Siam, 90 Main Road Walmer	041 581 1862
Thai – Natti's Thai Kitchen, 5 Park Lane, Mill Park	041 373 2763
Taiwanese – Golden Coast Restaurant, 77 Heugh Road, Walmer	041 581 8025



Café Society

VovoTelo, Cnr Raleigh & Irvine Streets, Richmond Hill	041 585 5606
Café Ro-Ann, 144 Villiers Road, Walmer	041 581 0899
The Tin House, 35 Cuyler Street, Central	041 582 4933
Roast Masters, Moffet on Main Shopping Centre, Walmer	041 367 1236
Deli Street Café, Stanley on Bain Centre, Richmond Hill	041 582 2157
Apron Strings, Sardinia Bay Road, Lovemore Park	041 366 1217
Sweetsomethings, 7 Park Lane, Mill Park	041 374 1567
Sacramento Restaurant, 32 Marine Drive, Schoenmakerskop	041 366 2312
The Garden Café, 16 Walker Drive, Sherwood Garden Centre, Sherwood	041 398 4406
Roast Master, 1 Bridge Road, Baakens Valley, South End	041 581 1682

ENTERTAINMENT & NIGHTLIFE

PUBS, TAVERNS AND COCKTAIL BARS

An entertaining variety of traditional English pubs, taverns and cocktail bar options are available in Nelson Mandela Bay, most of which also offer live music and partying for late night revelers and entertainment seekers.

Butterfield Road Pub, 66 Butterfield Road, Kragga Kamma	082 971 4407
Music Kitchen, 69 Mangold Street, Newton Park	041 364 1964
Pitch & Putter, 22 Mount Road	041 484 3209
Old Grey Club, Old Grey Sports Club, Lennox Street, Glenningvale	041 373 8325
67 on 4 th Avenue, Newton Park	041 365 7771
Tarantino's, Kings Court Centre, Buffelsfontein Road, Walmer	041 368 9994
Dagwoods, 76 Cape Road, Mill Park	041 373 0936
Zest, Times Square Shopping Centre, Heugh Road, Walmer	041 581 2447
Bahia Lounge, Stanley on Bain Centre, Stanley Street, Richmond Hill	041 585 0474
Shhugar, 24 Heugh Road, Walmer	041 581 1475
The Island, Pine Lodge Resort, Marine Drive, Summerstrand	041 583 3789
News Café, The Boardwalk, Summerstrand	041 583 6660
Jeya's Jazz Corner Tavern, cnr Ferguson & Avenue A, New Brighton	041 454 7567
Andza's Tavern, 218 Matanzima Street, Motherwell	083 800 7358
Kwe Kwe's Sports Tavern, 536 Njoli Road, Kwazakhele	041 466 2336

SHOPPING CENTRES

Most shops are open from 09h00 to 18h00 weekdays with extended shopping hours on Saturdays and Sundays.

- **Colchester Shopping Centre**, cnr. Jetty and Darling Street, Colchester, Tel: +27 (0) 41 468 0107(Spar)
- **Cleary Park Shopping Centre**, cnr. Stanford & Norman Middleton Roads, Cleary Estate, Tel: +27 (0) 41 481 5472
- **Sixth Avenue Shopping Centre**, 6th Avenue, Walmer, Tel: +27 (0) 41 581 1654
- **Motherwell Shopping Centre**, Tyinira Street, Motherwell, Tel: +27 (0) 41 462 2008
- **Penford Shopping Centre**, Graaff-Reinet Road, Uitenhage, Tel: +27 (0) 41 365 4407
- **Metlife Plaza Shopping Centre**, Kabega Road, Kabega Park, Tel: +27 (0) 41 360 4100
- **Sunridge Village Shopping Centre**, 48 Kragga Kamma Road, Sunridge Park, Tel: +27 (0) 41 360 9442 / 360 1485
- **The Bridge Shopping & Entertainment Centre**, C.J. Langenhoven Drive, Greenacres, Tel: +27 (0) 41 363 8914 
- **Greenacres Shopping Centre**, Cape Road, Greenacres, Tel: +27 (0) 41 363 0791 
- **Walmer Park Shopping Centre**, between 14th & 16th Avenues, Main Road, Walmer, Tel: +27 (0) 41 368 2690
- **Moffet on Main Lifestyle Centre**, Cnr. Main Road Walmer & 17th Avenue, Tel: +27 (0) 41 367 1308
- **Pier 14 Shopping Centre**, 444 Govan Mbeki Avenue, North End, Tel: +27 (0) 41 484 1228
- **Summerstrand Village Shopping Centre**, Eighth Avenue, Summerstrand, Tel: +27 (0) 41 583 4052
- **Walker Drive Shopping Centre**, Walker Drive, Sherwood, Tel: +27 (0) 41 360 4055



GOOD LUCK

ENTERTAINMENT HIGHLIGHTS AT THIS YEAR'S NMB SEVENS

From the minute Nelson Mandela Bay South Africa Sevens starts on Saturday the 8th of December the stadium will come alive with traditional Eastern Cape cultural dancers, face-painters and Xhosa stick-fighters joining cheerleaders and hip-hop dancers to get spectators in the mood for rugby's biggest party.

DJ Reddy D will be showcasing his turntable skills throughout the day at the party stand where Beer Babes will ensure that spectators never go thirsty.

Then after the day's rugby action has concluded, the weekend's headline acts The Graham Watkins Project and Good Luck will take to the stage to keep the party vibe going well into the night.



GRAHAM WATKINS

With more top-class entertainment planned for the Sunday after the final has played out, spectators would do well to hang back at the stadium after the final whistle blows and enjoy the acts to follow.

Once the entertainment at the Nelson Mandela Bay Stadium has ended on the Sunday night, the official NMB SA Sevens afterparty will kick off under the Humewood Bridge where guests will have a chance to mingle with the players at the perfect VIP event to conclude an epic weekend of Tens and Sevens rugby action.

For more information about the afterparty and all the entertainment planned for the weekend, keep a close eye on the NMB SA Sevens Facebook page (<https://www.facebook.com/NMBSA7s>) in the weeks leading up to rugby's biggest party.

EVENTS IN DECEMBER 2012

Date	Event Name	Contact Person	Venue Name
29 Nov - 2 Dec	Christmas in the Home	Michelle Brussow +27 (0) 41 373 7864	Moffett on Main Lifestyle Centre
30 Nov	Cinders - The True Story	Computicket 0861 915 8000	Pemads Little Theatre
1-8 Dec	Uncle Jumbos Christmas Party	Computicket 0861 915 8000	Feather Bank Farm, Charlo
1 Dec	The Voice – featuring James Bhemgee and Madalene Abrahams	Jason Gabriel +27 (0) 82 643 6000	Boardwalk Vodacom Amphitheatre
1 Dec	Carols by candlelight in Settlers Park	Morgan 072 417 5793	Settlers Park
1 Dec	The Herald World of Wheels NMB Motor Fair	Hannes Geyer 082 900 4464	Newton Technical High School
1 Dec	Nazareth House Fete - THE Christmas Affair	Suzette Billson +27 (0) 373 1948	DF Malherbe Sports Fields
1 Dec	Aspen PE City Marathon	Graham Elbourne +27 (0) 41 4072854	NG Kerk, Lorraine
7 Dec	Arlington Race Course Thoroughbred Horse racing	Karin Le Roux 041 372 1859	Arlington Race Course
8-9 Dec	IRB7's Nelson Mandela Bay	NMB Stadium 041 408 8900	NMB Stadium
9 Dec	Christmas @ Hopefield Country House	Kobus Buys 042 234 0333	Hopefield Country House - Addo
9 Dec	Weekend Post Ocean Racing – round 3	Michael Zoetmulder 041 484 7860	Hobie Beach
13-16 Dec	SA Synchronised Swimming National Age Groups 2012	Moiria Norden 041 5815222	Newton Park Indoor Pool
14 Dec	Chris Chameleon	Computicket 0861 915 8000	Vodacom Amphitheatre
16 Dec	Opening of Season	NMB Events Office 041 506 2723	Hobie Beach
16 Dec	Triathlon Summer Series – Round 1	Michael Zoetmulder 041 484 7860	Pollock Beach



nelson mandela bay

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Email: info@nmbt.co.za

NELSON MANDELA BAY TOURISM VISITOR INFORMATION CENTRES:

NMBT Call Centre - Tel: 041 582 2575

Port Elizabeth Airport Visitor Information Centre - Tel: +27 (0) 41 581 0456/7

Boardwalk Visitor Information Centre - Tel: +27 (0) 41 583 2030

Donkin Visitor Information Centre - Tel: +27 (0) 41 585 8884

Uitenhage Visitor Information Centre - Tel: +27 (0) 41 922 5214

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